

JAZZERCISE AND BACK IN THE SWING PRESENT

MOVING FOR GOOD!

Saturday, Oct. 18, 2025 • 8:30am

Overland Park Jazzercise—10530 Metcalf

Overland Park, KS (Outdoor Parking Lot)

Bring your friends, kids, neighbors and family of all ages—
Jazzercisers and non-Jazzercisers—to move for good,
one step at a time, to support breast cancer survivorship
at the University of Kansas Cancer Center



No pre-registration or tickets needed



Sweet treats provided by McClain's Bakery



A FREE Jazzercise movin' and groovin' all levels of fitness
class led by local instructors



Joyful, energizing, takeaway tips from **Moving for Good Gurus**
Jennifer Klemp, Ph.D. and Megan Solberg, Ph.D., of the
University of Kansas Cancer Center

Donations welcome to Back in the Swing, the grassroots nonprofit
organization dedicated to improving and protecting your health
after breast cancer—check, cash or Venmo

- **100% of the donations will support the psycho-oncology program**
- **Moving for Good-y Appreciation Bags for every donor**
- **First 25 donors also receive an autographed copy of the award-winning *Back in the Swing Cookbook* by Judith Fertig and Barbara Unell**

Questions? Go to backintheswing.org or overlandparkjazzercise25@gmail.com

